



Support *me*

PEER CENTER



Come as you are. We'll meet you there.

**No payment.
No insurance.
No full name.
Just bring
yourself!**

Brunswick's new Peer Center!

Located at Sweetser's Hope & Healing Center, 329 Bath Road Brunswick, Maine

SupportME is a new and inclusive community peer support space for the Midcoast Maine area that provides individuals experiencing substance use challenges, life stress, and trauma, with walk-in peer support.

Peer Center Hours:
Monday-Friday
8:30 AM - 4:30 PM



What We Offer

- Daily peer-run groups where participants can get support, advice, or just talk to people with similar experiences and challenges.
- One-on-one support from our trained peer specialists with lived experience.
- Learn and grow through engaging workshops on topics such as job hunting, education, nutrition, wellness, financial well-being, and more.
- A safe, restorative environment with access to books, games, resources, and a sense of belonging.