

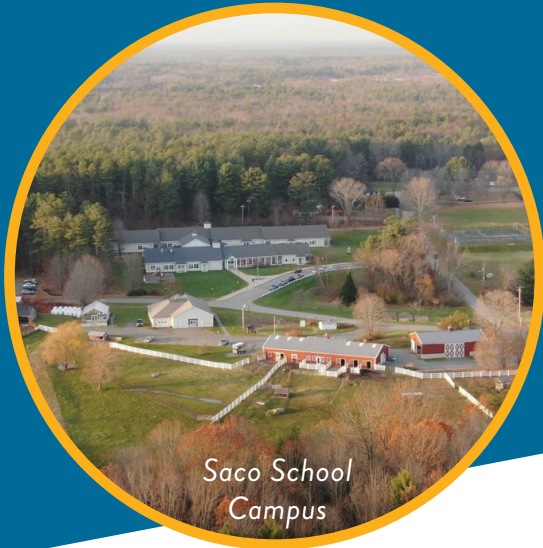


Sweetser

Promising Futures



Sweetser is a behavioral health nonprofit that provides evidence-based treatment, support & hope through a statewide network of community-based mental health, recovery, & educational services.



Saco School
Campus

Children & Family Services

Special Purpose Private School – K-12 special education for students needing an out-of-district placement for serious emotional disturbances with a comprehensive day treatment component including family, individual and group therapy. We assist students to overcome learning, behavioral and emotional impairments so they can transition back into the mainstream of their public school, community, and family. Located on our farm and experiential learning campus in Saco.

School-based – Licensed clinicians are co-located in more than 100 schools from Kittery to Bangor. The clinicians work with children and families who are at risk by collaborating with school staff and primary care physicians to reduce emotional and behavioral challenges that are obstacles to success at home, school and community.

Residential Treatment – With a goal of returning children to their families and communities, Sweetser offers intensive, out-of-home treatment for youth experiencing a mental and/or behavioral health diagnosis and intensive family treatment.

Sweetser serves approximately 20,000 children and adults each year.

Adult Services

Community Integration – Assists adults experiencing a serious mental illness with access to a range of support and treatment services in the community to aid in their journey towards wellness and recovery.

Residential Services – Our Private Non-Medical Institution (PNMI) serves adults with persistent mental illness. This community-based housing is designed to build skills for a successful transition to independent and/or less supportive living environment.

Serving Both Children & Adults

Primary Care Integration – In partnership with primary care practices, behavioral health specialists are independently licensed clinicians who provide brief, solution-focused interventions to address challenges that are barriers to improved physical and emotional health.

Behavioral Health Home – An integrated team approach to reaching mental and physical health goals that includes a home health coordinator, nurse and clinical lead. For children, the team includes a family support specialist, and for adults a peer support specialist.

Certified Community Behavioral Health Clinic – Clinic-based mental health therapy, substance use therapy, and psychiatric services including medication assisted treatment.



Network of Therapists

Affiliates – Sweetser partners with independently licensed clinicians who are committed to working with Mainers in need of mental health, substance use, or psychiatric services including medication management.



Crisis

(1-888-568-1112, available 24/7)

Crisis Residential Units – Short-term, out-of-home, safe, professionally managed environment for a child or adult experiencing a severe destabilizing psychiatric crisis.

Mobile Crisis Intervention – Provides a crisis stabilization specialist to meet a child, family or adult in their home, hospital emergency room, school or workplace to assess their imminent needs and institute a plan to safely stabilize their emotions and behavior. Sweetser is the largest provider of mobile crisis in the entire state.

Overdose Prevention Through Intensive Outreach, Naloxone, and Safety – OPTIONS is a partnership with the Maine Office of Behavioral Health to improve the health of Mainers who use substances by promoting harm reduction strategies, supporting recovery, and providing referrals for services.



New England Eating Disorders Program

NEED – We offer a range of eating disorder-specialized treatments, including a partial hospitalization, intensive outpatient, and outpatient program as well as comprehensive evaluation services. Rooted in evidence-based treatment, NEED's multidisciplinary team provides compassionate, individualized care for children, adolescents and adults of all genders.



Training Institute

- Free Mental Health First Aid Training seminars
- Continuing education for mental health practitioners

“This program made me who I am today.”

Paul Rumery
1991-1992

Former Sweetser Student



Peer-to-Peer Support

Intentional Warm Line – Call 1-866-771-9276 to connect with peer support specialists with lived experience for wellness and recovery-focused conversations. Available 24/7.

Peer Support in Emergency Departments – Trained intentional peer support specialists supporting adults 18+ with mental health & substance-use challenges in hospital emergency rooms.

Community-Based Peer Support – Trained peer support integrated in community-based programs like Behavioral Health Homes and our Certified Community Behavioral Health Clinic.

Treatment. Support. Hope.

Scan.
Call.
Connect.



Access our services:
PromiseLine 1-800-434-3000
sweetser.org

Create a Promising Future of Your Own



Interested in Private Practice?



If you are a licensed social worker, therapist, psychiatrist, or mental health professional starting out in private practice, Sweetser's Affiliate Network can help you with billing, client documentation, quality assurance, referrals, and more. Take the administrative stress away from your true passion of helping your clients.

Start Your Compassionate Career with Sweetser



"I really enjoy helping people. I love to watch them grow. I joined Sweetser over 10 years ago when I was first starting out as a counselor. The staff at Sweetser are so helpful and it's been such a great relationship because I do this part time. Given the need right now, it's a beautiful partnership."
- Nickie



"I'm with Sweetser because what we do matters. It fuels me. It drives me every day. I get up and think, this is where I want to be. You will find yourself in this work." – Annie

