



October 26, 2021

TO: Sweetser Clients and Parents/Guardians

Sweetser is following guidelines provided by the Maine Center for Disease Control & Prevention (CDC) to prevent the spread of COVID-19. Please contact the program directly with any questions.

***As a health care organization we are still requiring masks at Sweetser facilities until further notice.***

***We continue to offer services for clients of all ages in person, as needed, and via telephone or video conference.*** Sweetser services continue to be offered including: Adult Residential, Assertive Community Treatment (ACT), Behavioral Health Home for Children and Adults, Children's Residential and Education, Community and School-based Therapy Services, Crisis Support Unit, Developmental Services, Intentional Warm Line, Mobile Crisis Intervention, New England Eating Disorders (NEED) program, Outpatient Clinic Services, Primary Care Integration, and Psychiatric Services. Call 1-800-434-3000 to connect with Sweetser services. Other resources are available by calling the Maine Crisis Line at 1-888-568-1112, or the Intentional Warm Line at 1-866-771-9276.

**Please confirm appointments with your provider *before arrival* at a Sweetser location so we can evaluate how to provide support.**

Let us know if you or a family member has been exposed to someone who has tested positive for COVID-19 and/or if you have recently traveled outside of Maine. Also, let us know if you have had any of the following symptoms that are either new, worse or cannot be explained by a pre-existing medical condition:

- Fever or chills
- Cough
- Shortness of breath
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Thank you for your patience and understanding of these important measures to ensure the health and safety of our clients and staff. We encourage our clients and family members to get a COVID-19 vaccine. Check out the [Maine CDC website](#) for updated locations.