



Sweetser & Domino's deliver a special message:

Mental
HEALTH
Matters

During Mental Health Month in May Sweetser and Domino's want you to know that support is available 24 hours a day, 7 days a week

Maine Crisis Line

1-888-568-1112

Support for people of all ages who need crisis support

Intentional Warm Line

1-866-771-9276

Mutual conversations with those with lived experience in recovery. Must be 18 or older.

myStrength

A free and confidential online wellness tool

Visit sweetser.org and look for myStrength